



1. Gather the following materials:
 - Pencil with eraser
 - Paint brush or cotton paint swab
 - Watercolor palette and a cup with water
 - Sheets of paper
2. For this activity you will need a hardback book or a piece of sturdy cardboard that you can use to press down on.
3. Take your pencil, paper, and hardback book (or cardboard) with on a walk around your yard, porch, driveway, or even a sunny window. Look for an area where you see an interesting shadow on the ground.
4. Set your paper on the ground so that the shadow is on your paper.
5. Trace the outline of the shadow on the paper. Don't worry if it's moving a little. Just draw the shadow the best that you can.
6. Continue to walk around and look for more shadows. Add shadow drawings to blank areas of your paper. They can even overlap!
7. When your paper is full, or you are happy with the way your paper looks, come back inside.
8. Choose a color scheme to paint with.
 - Cool colors: Blue, Green, and Violet
 - Warm Colors: Red, Orange and Yellow
 - Primary Colors: Red, Yellow and Blue
 - Secondary Colors: Green, Orange, Violet
9. Paint the shadow shapes on your paper to create an Abstract Shadow Painting.